What do humanists think about death?



Humanists believe that death is the end of our individual existence, and there is no afterlife. To humanists, this makes life precious and unique.

1



Rather than worrying about 'the next life', humanists focus on making the most of the one life we know we have in the here and now.

2



Humanists believe we live on in the memories of others — through kindness, friendship, and the example we leave behind.

3