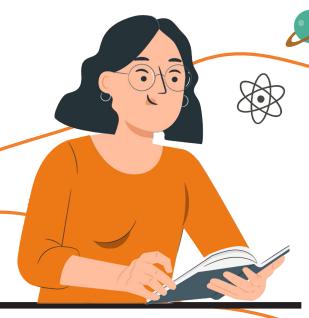
What is humanism?

Humanism is a non-religious approach to life, centred on living a meaningful, ethical life based on reason and compassion.





Humanists see the universe as a natural phenomenon with no supernatural side, and look to science to answer questions about the natural world.

Humanists believe this life is the one life we have, so they focus on living well in the here and now, guided by empathy and our shared humanity.



